



Ditch the routine,



Join the party!



Join the millions of people that have decided that having fun and working out are not mutually exclusive. Join those who'd rather have a blast. Join the party!

Cross St. A.M.E Zion Church
440 West St. Middletown Ct. (860)344-9527

ZUMBA Class held on Monday and Wednesday
Time: 6:00pm-7:00pm \$7 A Session

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