

THE FRUIT OF THE SPIRIT: MEEKNESS

“But the fruit of the Spirit is love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, temperance:....” (Galatians 5:21,22)

MEEKNESS: Power, patience, humility, gentleness, tenderness, courage.

“The fruit of MEEKNESS disarms the stormy, tempestuous person. MEEK saints do not argue. It possesses the qualities of mildness and gentleness in dealing with others. It is not flimsy or weak, it is power. “ Persons who possess this fruit experience a high quality of spiritual strength. (World-Wide Keswick)

How to Cultivate the fruit of MEEKNESS:

1. Acknowledge continually the fact that we are creatures who have obligations to our Creator, that we are nothing without Him.
2. Remember we are sinners who have been saved by grace.
3. Remember we are saved for a purpose. We are under obligation and bondage to be what God desires us to be.
4. Remember we are being empowered and trained for a purpose.
5. Study the ministry of Jesus. His life is the best example of MEEKNESS.
6. Study the life of Moses. His life is also marked by MEEKNESS.
7. See to understand yourself and develop insight into the needs of others.

Look for persons who -

- are courageous, but not argumentative or rude
- do not seek to be elevated by man
- are soft-spoken and peacemakers
- are not self-centered
- are honest about their gifts and their ability to use them successfully
- do not display false modesty
- are gentle toward people in all circumstances
- are long-suffering and patient

WARNING: Be aware of the enemy of MEEKNESS - false modesty and self-seeking.

Additional Scriptures:

Titus 3:2 - 7; Ephesians 4:1- 3; Luke 9:46 - 56; Matthew 14:14-21; Psalm 22:26; Psalm 25:9; Numbers 12:1-7; II Corinthians 10:1; Matthew 11:28-30.