

## When You Need Better Health

**Key Scripture:** "Bless the Lord, O my soul, And forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases" (Ps. 103:2-3, NKJV).

**Key Thought:** God wants you to be healthy.

Prayer: Heavenly Father, thank you for your promise that you will always hasten your Word to the one in need.(1) I thank you for your Word which is alive and powerful, and I know it is sharper than any two-edged sword.(2) I believe that your Word teaches me that healing and health are your children's bread,(3) and that you are the Lord who heals me.(4)

Thank you for Jesus who provides health for me. I praise you that He took all my infirmities and bore all my sicknesses.(5) I believe your Word, Father, because it assures me that whatever things I desire, when I pray, to believe I will receive them from you, Father, and I will have them.(6) I ask you for improved health and healing in every area of my life, and I receive your promise that healing and health are mine.

Thank you for restoring my health and vitality to me. My faith does not rest in the wisdom of people, Lord, but in the great power of your Word and Spirit.(7) I know that all healing and health come from you, Father,(8) and I know you love me and want me to be healthy at all times. As I wait upon you, my strength is being renewed, and I am mounting up with wings like an eagle.(9) You are making my heart merry, and this does me good like a medicine.(10) Through your Spirit, my body is being quickened,(11) and I am experiencing the resurrection-power of Jesus Christ, my Lord.(12)

Thank you for the health you are imparting to me, Father.

**References:** (1) Jeremiah 1:2; (2) Hebrews 4:12; (3) Mark 7:27, (4) Exodus 15:26; (5) Matthew 8:17, (6) Mark 11:24; (7) 1 Corinthians 2:5; (8) Psalms 103:3; (9) Isaiah 40:31; (10) Proverbs 17:22; (11) Romans 8:11; (12) Philippians 3:10.

From "BIBLE PRAYERS for all your needs"